

LOOK WHAT'S HAPPENING AROUND THE DIOCESE

12:10PM MASS AT ST. THERESA'S CATHEDRAL – each Wednesday, Thursday and Friday. Come, take a break and be refreshed. **All are welcome.**

SATURDAY ADORATION: In the Chapel of St. Theresa's Cathedral – 9am Holy Mass in Portuguese, followed by Exposition of the Blessed Sacrament and Adoration, 12:30pm – Benediction

LECTIO DIVINA each Monday at 7PM at St. Theresa's Hall.

ST. THERESA'S GIFT SHOP. Opening hours: Tuesday, Thursday, Friday and Saturday, 10-2pm. Thank you for your continued patronage.

CARITAS HOUSE OF PRAYER "Quiet Wednesdays" February 13th: Recitation of the Rosary will take place at 10:30 AM and will be followed by exposition until 12 noon. We will be having Mass at 6 PM. Father Vladimir will be the celebrant. Celebrating the Eucharist around the dining room table is very special and provides the opportunity to reflect on the true meaning of the Pascal Sacrifice. All are invited, including children and teens.

Sunday, February 17th: Presentations 9 and 10 on the Spiritual Exercises of St Ignatius will be held at Caritas from 2 - 4 PM and 6:30 to 8:30 PM. All are welcome, especially last February's retreatants and our associates.

Plan for Lent: For the six Wednesdays of Lent we will have soup/rolls available as in past years as we pray with Bishop Baron on "The Mystery of God". Details at the beginning of March. There will be both noon and early evening presentations.

TREASURES FROM OUR TRADITION

The Reign of God comes about because people commit to reversing their lives completely, to embracing new vision, new values. Many popular television shows exploit an unattractive side of human nature by pitting contestants against one another, even to the point of performing dangerous stunts or devious schemes, to gain money or favor.

At the liturgy, we counter that impulse by committing ourselves to live generously. In response to Christ's total gift, we offer bread and wine as the emblems of our lives, our hopes, our joys and sorrows. The bread and wine carried to the altar contain our lives, and by offering our lives to God, we prepare to receive the gift of God's own life. We are to become what we receive: the body of Christ.

On Sundays, this self giving is often accompanied by a collection and procession of gifts for the poor and money for the upkeep of the parish. There are certainly other methods of collecting money, some perhaps more efficient. Yet the act of giving from our abundance, and attending to the needs of the poor, opens us up to participation in the changes the Reign of God requires.

—James Field, Copyright © J. S. Paluch Co.

BERMUDA CATHOLIC YOUTH GROUP – JOIN TODAY!

We Want You! Think the gospels don't apply to you? Think they're too outdated for today's world? Guess again! Come to the Bermuda Catholic Youth Group this Thursday @7:30 in the MSA gym to find out just how relevant they are!

Preparing for Steubenville
Start marking your calendars! Steubenville is coming up fast! Want to go deeper in your faith? Trying to meet new people? Or are you just looking to get away from the world for a bit? DM us on **Facebook (BermudaCatholic YouthGroup)** or **Instagram (@catholicyouthbda)** for more info!
Thanks, Justin and the Adult Core Team

THE BISHOP'S CORNER

My Dear Fellow Catholics,
We remember anew on the 11th of February the World Day of the Sick. This urges me, not only to invite you to pray for the sick, but also, to bring our attention to the way we treat our own bodies.

"Civilization diseases" are often called diseases of the 21st century. These include diabetes, obesity, hypertension and other diseases of the heart and cardiovascular system, as well as cancers, depression and neurosis. Civilization diseases are not only present in the elderly. Due to the rapid development of technology, they also appear among young people and even children. Civilization diseases are common and occur globally. Their emergence and considerable spread is paradoxically caused by the achievement of greater civilizational and technical progress by modern humans.

The pace of societal development is the most general cause of civilization diseases. Specifying factors one can list are: industrialization and constant development of urban areas and the related environmental pollution, new technologies, climate change, depletion of natural resources, noise and threats resulting from un-healthy lifestyle - understood as eating greasy and significantly processed foods, low physical activity, sedentary lifestyle, smoking, alcohol consumption, nervous tension and stress, which in turn contributes to the development of the main cause of civilization diseases - obesity.

In comparison to other diseases, civilization diseases cause more than 80% of deaths. They contribute significantly to the deterioration in one's quality of life. Civilization diseases spread very quickly. The incidence of one of them carries an increased risk of developing a different one. All these diseases have commonalities caused by the fast pace of daily living. The main component for prevention is a healthy lifestyle. Introduce a regular diet to include balanced meals eaten at regular times. Drink at least two liters of water a day slowly and at intervals. Get enough asleep and reduce exposure to stress factors. To avoid many diseases, limit the use of sugar and stimulants such as alcohol and cigarettes which contain toxins that poison the body.

I know from my own experience how tough it is to follow this kind of lifestyle. However, I want you to not only be saved in eternity, but to also have a long and happy life on earth. So have a good and healthy week!

Bishop Wes



Our Parish COMMUNITY

February 10, 2019
Fifth Sunday in Ordinary Time (C)
Is 6:1-2a, 3-8
1 Cor 15:1-11 or 1 Cor 15:3-8, 11
Lk 5:1-11

Casting Our Net for Jesus

Dina Bellotti was an artist active for many years in her studio just off the Via della Conciliazione, in front of the Vatican. As a family friend of St. Paul VI, she came to Rome when he became pope. Her works are simple, yet evocative. With a few brush strokes, she brings a scene to life and places us there.

Peter is tired, overworked, and frustrated with the lack of results. A stranger on the shore, Jesus of Nazareth, asks him to cast the net again. Although the logic of fishing dictates otherwise, Peter follows his hunch and trusts this voice for one more cast.

We've all been there. We work hard to do the right thing. We try to extend God's kingdom, and sometimes it seems our results aren't up to par. If we listen to Jesus, we never come up empty. Sometimes we fish where we're not called, led by our own passions and stubbornness. There we reap what we sow.

For Reflection

Do I invest in my work, home, and social responsibilities as a response to the call of Jesus?



[Simon said,] "Master, we have worked hard all night and have caught nothing, but at your command I will lower the nets." – Luke 5:5

ST. VINCENT DE PAUL SOCIETY – SUNSHADES FOR HAITI
THE SVDP is assisting Lucy Willits and Maureen Moore in the collection of sunshades which will be eventually shipped to Haiti. Our Parish rep for your parish will make available a container which will be placed in the rear of your Church. Please bring in any and all sunglasses which you no longer use and place these in this bin. Our SVDP will monitor the container and make the necessary arrangements to have them stored for shipment to Haiti at a later date.

A Word From Pope Francis
Let us ask ourselves: How do I follow Jesus? Jesus speaks in silence in the mystery of the Eucharist. He reminds us every time that following him means going out of ourselves and not making our life a possession of our own, but rather a gift to him and to others.

—Solemnity of Corpus Christi, May 30, 2013

ST. MICHAEL'S PARISH
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Community Building Committee Chair: Grace Lovecchio email: mglove@northrock.bm (h) 236-5006

Weekend Masses: Saturday: 9:00am Mass in Honour of the BVM
Vigil: 5:45pm
Sunday: 8:30 & 11:00am
Weekday Masses: Tuesday, Wednesday & Friday at 7:30am and Thursday at 7:00pm
Eucharistic Adoration: Thursday 7:30 — 8:30 pm
Spanish Mass: Third Sunday of the month at 3:00pm
Sacrament of Reconciliation (Confession): Saturday at 5:00-5:30pm
Baptisms: by appointment 3 weeks in advance **Weddings:** by appointment 6 months in advance

Diocesan Webpage: www.romancatholicbermuda.bm

We welcome our parishioners and visitors who have come to St. Michael's to worship this Sunday. May you be blessed by your presence here today.

LOOK WHAT'S HAPPENING IN OUR PARISH

CCD MID TERM BREAK will be next Sunday, February 17th. Classes resume Sunday, Feb. 24th.

EUCCHARISTIC MINISTERS AND LECTORS NEEDED. Please consider volunteering to become a Eucharistic Minister and/or a Lector. There is a need at all Masses for additional help. If you attend a regular Mass becoming an EM or Lector takes little of your time and provides so much to the parish. Parents, it shows your children what it means to be a good Steward of your Parish and is a minimal commitment. **YOU ARE NEEDED!** Talk to Fr. Joe or send an email.

MASS INTENTIONS A simple way to express our love for the souls of our loved one or for a family or Friend in need is to have Masses offered for them. According to Diocesan Fee Schedule 2018 policy, "The suggested minimum Mass stipend offering is \$15 which goes to the celebrant (Fr. Joe), however it is to be understood that inability to pay the fee suggested for pastoral services will never be used to deny service (in this situation Mass) to any individual." If you wish to have a Mass said for a special intention, please email or call the Rectory - 236-2166. The Stipend should be paid directly to Fr. Joe.

GOD'S SUMMONS

Confronted with God's power and majesty, the first response of the prophet Isaiah was to acknowledge his sinfulness. "Woe is me, I am doomed! For I am a man of unclean lips," he said aloud. Likewise, with his empty fishing nets dramatically filled at Jesus' instruction, Peter fell to his knees and cried out, "Depart from me, Lord, for I am a sinful man."

Next, Peter got up. He docked his boats then left to follow Jesus. Isaiah also had a dramatic change of heart. When he heard the Lord say, "Whom shall I send? Who will go for us?" Isaiah answered, "Here I am, send me."

We are summoned daily by the Risen Lord. We are reminded of the saving power of the gospel and know in our heart of hearts that, as St. Paul wrote, believing in anything else won't lead to anything.

What will it take for you to move past your sinfulness? What will it take for you to get off your knees? What will it take for you to bring to dock what is unimportant and to accept your call to be God's messenger?

—James Field, Copyright © J. S. Paluch Co.

You belong here
Become a registered parishioner

PARISH REGISTRATION FORM Moved house, had a baby, changed your contact data? Please help us to keep the Diocesan database up to date! Log on to our Website, click on your Parish Page and either download or print the Parish Registration Form. Complete and drop the form into either the Collection basket, at your Rectory Office or email it to diocesancentre@northrock.bm. Thanks for your assistance and God bless. The Roman Catholic Diocese of Hamilton in Bermuda website has been updated. Please take the time to review the website, it has a great deal of information of what is happening in and around our Diocese is www.romancatholicbermuda.bm.

Dear Padre, What is transubstantiation?

At the beginning of the Christian community, preachers and poets created magnificent descriptions of the Eucharist using images from the Jewish Scriptures as well as from the surrounding folklores. As Christianity spread throughout the centuries, especially in the developing European monasteries and universities, theologians became more concerned both with defining the Eucharist more precisely and describing more exactly the changes that occur when the words of the priest are spoken over the bread and wine.

In the mid-sixteenth century, the Council of Trent, under the pressure of various misunderstandings and disagreements, articulated the doctrine we now know as transubstantiation. This doctrine, founded in the philosophy of Aristotle and clarified by St. Thomas Aquinas, seeks to explain without ambiguity that the Eucharist is a substantial change of bread and wine. The very substance—the "breadness" and the "wineness" of the gifts—is transformed. Even though it looks and tastes like bread and wine, it no longer is; only the physical attributes remain. Bread and wine are now something new: the living Body and Blood of Christ.

The explanation offered by the doctrine of transubstantiation is still helpful. The next challenge lies in how to take this truth about the Real Presence of Christ and make it come alive in the hearts and lives of Christians through vibrant descriptions in creative preaching and catechesis.



Sundaybulletin@Liguori.org

Updated from Dear Padre: Questions Catholics Ask, © 2003 Liguori Publications

Stewardship... is what I do after I say "I Believe"

Weekly Collection February 2/3rd \$1,952.90
Weekly Income Needed to cover Routine Expenses: \$3,036.00
Weekly Surplus/ (Shortfall) (\$1,083.10)

The NEXT Monthly 2nd Collection will be on 17th Feb.
Holy See Collection: \$ 799.91

ST. MICHAEL'S uses your regular collection contributions to support Parish Operations.
The monthly Second Collection is used for routine property repairs and upgrades. Your Second Collection has assisted in the replacement of the outdated Electrical Panel for the Hall and will also help cover the expenses for the Carpentry work to repair the outside cedar door and the storage room for table and chairs in the Hall's back room. Work is due to start any day.

THANK YOU FOR YOUR CONTINUED SUPPORT. IT REALLY HELPS!
Votives: \$ 225.10 Poor Box (STVD Paul): \$135.00

Direct Deposit to Butterfield Bank (BNTB) to:
"The Ordinary of the Roman Catholic Church, St. Michael's" Acct # 20—006-060-081824-100

St. Michael's Community Building Committee News

COFFEE SOCIAL Thank you to all who supported last week's Coffee Social, by your attendance and providing all the goodies. Next Coffee Social will be March 3rd.

2nd ANNUAL SOCCER FUN DAY will be SUNDAY, MARCH 24th from 2-4pm at Somersfield Academy school field for our St. Michael's kids. This event is for both boys and girls and we'll be competing against a different parish. The idea is to have 2 games with 2 different age groups. (7-9 & 10-13). SIGN UP, SHEETS are on the BULLETIN BOARDS or speak with Joe Carolo, © 737-7860. St. Michael's Parishioners are encouraged to wear blue shirts in support of St. Michael's team. All are welcome so please come out and support ST. MICHAEL'S.

ST. MICHAEL'S GOLF TOURNAMENT— SUNDAY, MARCH 31st a fun after-noon is planned with a Captain's choice format with fun prizes. Other Parishes have been invited to secure teams to help make this a Diocesan Event. See the Bulletin Board Poster for details. Please consider pulling a team together for this fun event. All Funds will go to the St. Michael's Renovation Fund.

SERVE THE POOR
Be diligent in serving the poor. Love the poor, honor them as you would Christ himself.
—St. Louise de Marillac

CHOOSING SIDES
My great concern is not whether God is on our side; my great concern is to be on God's side.
—Abraham Lincoln

TODAY'S READINGS
First Reading — Isaiah is called to be a messenger for the Lord and responds, "Send me!" (Isaiah 6:1-2a, 3-8)
Psalm — In the sight of the angels I will sing your praises, Lord (Psalm 138).
Second Reading — Paul reminds us of the gospel he preached through which we are saved, if we believe it (1 Corinthians 15:1-11 [3-8, 11]).
Gospel — Jesus directs Simon to take his boat into deep water for a miraculous catch of fish. (Luke 5:1-11).
The English translation of the Psalm Responses from Lectionary for Mass © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

READINGS FOR THE WEEK

Monday: Gn 1:1-19; Ps 104:1-2a, 5-6, 10, 12, 24, 35c; Mk 6:53-56
Tuesday: Gn 1:20 — 2:4a; Ps 8:4-9; Mk 7:1-13
Wednesday: Gn 2:4b-9, 15-17; Ps 104:1-2a, 27-28, 29bc-30; Mk 7:14-23
Thursday: Gn 2:18-25; Ps 128:1-5; Mk 7:24-30
Friday: Gn 3:1-8; Ps 32:1-2, 5-7; Mk 7:31-37
Saturday: Gn 3:9-24; Ps 90:2-4abc, 5-6, 12-13; Mk 8:1-10
Sunday: Jer 17:5-8; Ps 1:1-4, 6; 1 Cor 15:12, 16-20; Lk 6:17, 20-26

MASS		SCHEDULE & INTENTIONS	
Sat. Feb. 9	5:45pm	Mary & Benjamin Botelho ++	
	7:30pm	Eucharistic Celebration (Neocatechumenal Way)	
Sun. Feb. 10	8:30am	Alriza Amaral +	
	11:00am	For the Parishioners of St. Michael's	
Tues. Feb. 12	7:30am	Antonio Correia +	
Wed. Feb. 13	7:30am	Maruizo Iuretig +	
Thurs. Feb 14	7:00pm	Followed by Holy Hour of Adoration with Rosary and Benediction	
Fri. Feb. 15	7:30am		
Sat. Feb. 16	9:00am		
	5:45pm	Adellina & Jose DeFrias ++	
	7:30pm	Eucharistic Celebration (Neocatechumenal Way)	
Sun. Feb. 17	8:30am	Kirby Brackstone +	
	11:00am	For the Parishioners of St. Michael's	
	3:00pm	SPANISH MASS	

FEBRUARY 9/10th ~ THE FIFTH SUNDAY IN ORDINARY TIME	
5:45PM	Lector: W. Forbes
8:30AM	
Greeters:	Lector: I. Brackstone
EM: S. DeCouto, G. Lovecchio,	
11:00AM	
Greeters: E. Soares, E. Curt	Lector: P. Robinson
EM: L. Attridge-Stirling, L. Lau, M. Almeida, J. Lee	
Altar Guild: P. Robinson	Counters: The Tavares

FEBRUARY 16/17th ~ THE SIXTH SUNDAY IN ORDINARY TIME	
5:45PM	Lector: K. Marsh
8:30AM	
Greeters:	Lector: E. Leitch
EM: I. Brackstone, G. Lovecchio, S. DeCouto	
11:00AM	
Greeters: E. Soares, E. Curt	Lector: I. Tavares
EM: J. Lee, L. Lau, P. Robinson, M. Almeida	
Altar Guild: T. DeSilva	Counters: L. Lau, P. Robinson

SAINTS AND SPECIAL OBSERVANCES	
Sunday:	Fifth Sunday in Ordinary Time; World Marriage Day
Monday:	Our Lady of Lourdes; World Day of the Sick
Tuesday:	Lincoln's Birthday
Thursday:	Ss. Cyril and Methodius; Valentine's Day
Saturday:	Blessed Virgin

