

St. Joseph's Church

43 Somerset Road – Sandys, MA 03, Bermuda

Direct Line) 441-238-1785

(Located between Arnold's Supermarket & Somerset Cricket Field)

Parish Email: stjosephs@northrock.bm

Pastor: Fr. Attilio Morelli

Reconciliation: By appointment

Baptisms: By Appointment – One month in advance

Weddings: By Appointment – usually about a year in advance

Sunday Mass: 9:00 am



St. Anthony's Church

26 Middle Road -Warwick WK03, Bermuda

Phone: (Office) 441-238-1784

(Direct Line) 441-238-1785

Pastor's Mobile: 441-777-2166

Pastor: Fr. Attilio Morelli

Parish Email: stanthony@northrock.bm

Reconciliation: Saturdays at 5:00 p.m. or by appointment

Baptisms: By Appointment – One month in advance

Weddings: By Appointment – A year in advance

CCD: Sundays at 9:45 a.m. – 11:00 a.m.

Coordinator: Anna Daniel 441-236-2438

Email: stanthonyccd@yahoo.com

Organist: Tony Bari: tbari@northrock.bm 441-236-1314

St. Vincent de Paul Rep.: Pat Rodrigues

Masses at St. Anthony's

Sat	Feb	9	6:00 pm	+Rufina Bautel +Leopoldo Bautel
Sun	Feb	10	11:15 am	+Dr. Stanley Ratteray
Tues	Feb	12	8:00 am	
Wed.	Feb	13	8:00 am	
Thu.	Feb	14	8:00 am	
Fri.	Feb	15	8:00 am	
Sat	Feb	16	6:00 pm	
Sun	Feb	17	11:15 am	

Prayer to St. Michael

St. Michael the Archangel, defend us in battle. Be our Prince of the heavenly hosts, by the power of God, thrust into hell Satan, and all the evil spirits, who prowl about the world seeking the ruin of souls. Amen.

Liturgical Ministries St. Anthony's

<u>Feb 9/10</u>	6:00 pm	11:15 am
Ministers of Communion	D. Mendonca A. Boyle	H. Prevendido M. Todd
Proclaimer of God's Word	J. Tailford P. Rodrigues	J. Stovell M. DeSa
<u>Feb 16/17</u>	6:00 pm	11:15 am
Ministers of Communion	P. Rodrigues L. Rodrigues	K. White L. Vizien
Proclaimer of God's Word	D. Mendonca A. Boyle	D. Thornhill S. White



Cantor Schedule

	6:00 pm	11:15
Feb 9/10	Denis	Franz
Feb 16/17	Ruth	Marc

Hymns for Weekend Mass

This weekend Feb 9/10

Entrance: Holy God, We Praise thy Name – W614

Offertory: Keep in Mind – W651

Communion: Blest Are They – W721

Recessional: Go Make of all Disciples – W792

Collection - (St. Anthony's)

	<u>Regular</u>	<u>Budget</u>
Feb. 2/3	\$ 2,091.00	\$ 2,500.00
To Date	\$ 9,197.00	\$ 12,500.00

Online payments can be made directly into the Bank account of St. Anthony's – Butterfield Bank - BD\$ Current A/c – 20006060061567100 and US \$ Current A/c - 20006840061567100. Please make sure to indicate what the donation is for in the memo field when making the payment i.e. Gen collection; Maintenance; Mission Sunday, etc. Multiple payments can be made for those times that you are away or on vacation. Please note, that we are charged \$ 20 for US checks drawn on a US Bank.

Collection Counters

This Weekend Feb 10, Dennis and Carole
Next Weekend Feb 17, Pat and Annette

DIocese

DIocese of Hamilton in Bermuda

Most Reverend Bishop, Wiesław (Wes) Śpiewak

Liturgical Activities of Bishop Wes - Please review our website: www.romancatholicbermuda.bm and click on: **Bishop Wes Spiewak, CR Schedule**. This will advise where and when Bishop Wes will be celebrating various liturgical events throughout the Diocese. Also visit our [Facebook](#) page.

THE BISHOP'S CORNER

Dear Fellow-Catholics,

We remember anew on the 11th of February the World Day of the Sick. This urges me, not only to invite you to pray for the sick, but also, to bring our attention to the way we treat our own bodies.

“Civilization diseases” are often called diseases of the 21st century. These include diabetes, obesity, hypertension and other diseases of the heart and cardiovascular system, as well as cancers, depression and neurosis. Civilization diseases are not only present in the elderly. Due to the rapid development of technology, they also appear among young people and even children. Civilization diseases are common and occur globally. Their emergence and considerable spread is paradoxically caused by the achievement of greater civilizational and technical progress by modern humans.

The pace of societal development is the most general cause of civilization diseases. Specifying factors one can list are: industrialization and constant development of urban areas and the related environmental pollution, new technologies, climate change, depletion of natural resources, noise and threats resulting from unhealthy lifestyle - understood as eating greasy and significantly processed foods, low physical activity, sedentary lifestyle, smoking, alcohol consumption, nervous tension and stress, which in turn contributes to the development of the main cause of civilization diseases - obesity.

In comparison to other diseases, civilization diseases cause more than 80% of deaths. They contribute significantly to the deterioration in one's quality of life. Civilization diseases spread very quickly. The incidence of one of them carries an increased risk of developing a different one. All these diseases have commonalities caused by the fast pace of daily living. The main component for prevention is a healthy lifestyle. Introduce a regular diet to include balanced meals eaten at regular times. Drink at least two liters of water a day slowly and at intervals. Get enough asleep and reduce exposure to stress factors. To avoid many diseases, limit the use of sugar and stimulants such as alcohol and cigarettes which contain toxins that poison the body.

I know from my own experience how tough it is to follow this kind of lifestyle. However, I want you to not only be saved in eternity, but to also have a long and happy life on earth. So have a good and healthy week!

Bishop Wes

BERMUDA CATHOLIC YOUTH GROUP

Catholic Youth Group – We Want You!

Think the gospels don't apply to you? Think they're too outdated for today's world? Guess again! Come to the Bermuda Catholic Youth Group this Thursday @7:30 in the MSA gym to find out just how relevant they are!

Preparing for Steubenville

Start marking your calendars! Steubenville is coming up fast! Want to go deeper in your faith? Trying to meet new people? Or are you just looking to get away from the world for a bit? DM us

on Facebook (BermudaCatholic YouthGroup) or Instagram (@catholicyouthbda) for more info!

CCD

We are hosting a Family Dinner Bingo catered for the children on Friday February 22nd. ALL families are welcomed to attend. Please fill out the form and give it to Anna Daniel before 11.15 Mass. Or to one of our Catechists.

NO CCD classes for St. Anthony's ONLY on February 10th. CCD reopens February 17th.

VOLUNTEERS SOUGHT FOR THE SOUP RUN PROGRAM

For a number of years the Diocese has been assisting the Salvation Army with its outreach program of providing food to the homeless in the city of Hamilton and surrounding areas – otherwise known as the Soup Run. The Diocese helps on Monday, Tuesday and Saturday evenings between the hours of 5pm and 7pm. Volunteers meet at Harbour Lights (the Salvation Army's premises at the junction of Victoria and King Streets) at 5pm to make up sandwiches and then distribute the sandwiches and soup around Hamilton and surrounding areas. Volunteers work in teams of four and operate in a roster whereby each team is normally “on” once every four weeks. We are looking for new volunteers to help with this worthwhile and rewarding program. Supplies are provided and so the only “outlay” for volunteers is the actual time commitment. If you are interested in helping or would like to hear more about what is involved, please e-mail Joe Kelly at joekelly@logic.bm or call 236-4613. Your help would be greatly appreciated.

Caritas House of Prayer “Quiet Wednesdays” Wednesday, February 13th: Recitation of the Rosary will take place at 10:30 AM and will be followed by exposition until 12 noon. We will be having Mass at 6 PM. Father Vladimir will be the celebrant. Celebrating the Eucharist around the dining room table is very special and provides the opportunity to reflect on the true meaning of the Pascal Sacrifice. All are invited, including children and teens.

Lectio Divina continues on Mondays at 7 PM in St. Theresa's Hall. All are welcome.

Plan for Lent: For the six Wednesdays of lent we will have soup/rolls available as in past years as we pray with Bishop Baron on “The Mystery of God” Details at the beginning of March. There will be both noon and early evening presentations.

Sunday, February 17th: Presentations 9 and 10 on the Spiritual Exercises of St Ignatius will be held at Caritas from 2 - 4 PM and 6:30 to 8:30 PM. All are welcome, especially last February's retreatants and our associates.

Vocations www.vocationculture.ca

Do not be afraid. If the Lord is calling you to ordained or religious life do not be afraid. Jesus calls, and leads the way.
(Luke 5:1-11)

